

INTERCULTURAL WORKSHOPS FOR STUDENTS





WORKSHOPS DETAILS

Dates: 8-9.03.2025 & 15-16.03.2025

Form: online (ZOOM platform)

Duration: 9.00 a.m. – 1.00 p.m.

Structure: Two two-day workshops.

Cycle: 2x2 sessions (4-5 hours per session)

Focus Areas:

Topics on intercultural sensitivity. Building understanding and awareness across cultures. Practical exercises to enhance communication skills.





ACTIVITIES FOR THE WORKSHOPS

- Group Discussions (Forum and Small Groups)
- Exercises and Case Studies
- Questionnaires and Film Clips
- Participant-Centered Work and Discussion

GOAL OF THE WORKSHOPS Primary Objective:

Develop attitudes of openness and tolerance among students.

Main Aim:

 Support the continued implementation of the idea of "Internationalization at Home."

Focus:

- Encourage intercultural understanding within a local context.
- Equip participants with tools to foster a more inclusive environment.



PROPOSED WORKSHOPS' SCOPE

Tolerance vs. Acceptance vs. Cultural Sensitivity: Understanding distinctions and their importance in cross-cultural interactions.

Cultural Differences Mapping: Overview of models (Nisbett, Hofstede, Meyer) and their significance.

Stereotypes & Prejudices: Origins, impacts, strategies to reduce, and analyzing critical incidents.

Intercultural Communication Principles: Verbal/non-verbal differences, message decoding and Cultural Intelligence (CQ).

DIE Model: Describe, Interpret, Evaluate framework for unbiased intercultural analysis.

ABCDE Model: Strategies for managing cultural differences in teams and collaborations.

Cultural Shock: Stages, effects, and self-care in new cultural environments.

Challenging Interactions: Handling difficult situations using real-life examples and case studies.



We have 25 spots available!

Please send your applications and inquiries to:

welcome@gumed.edu.pl

Project funded by the Polish National Agency for Academic Exchange (NAWA) under the "Welcome to Poland" Programme (2022)